

CAP Life Skills Coach

Welcome

Thank you so much for considering joining us as a CAP Life Skills Coach. This is your opportunity to join a rapidly growing movement of people who are working together to tackle one of the biggest social problems facing us today. We're so excited for you to join the family!

Who are we?

We're on a mission to set people in our nation free from a life sentence of debt, poverty and their causes. Our services, including Debt Centres, Job Clubs and Life Skills groups, are all run in partnership with local churches, meaning we can offer our clients not only expert practical support, but companionship, hope and a chance to hear the gospel too.

CAP Life Skills

All CAP's services are run through local churches to engage and support people in their communities. CAP Life Skills are designed to help members gain confidence and decision making skills to survive life on a low income, as well as offering them the opportunity to hear the gospel.

What's in it for you?

You will be joining an amazing group of Life Skill Managers across the UK who work with delegates, share their faith and encourage their delegates with the love of Christ.

Hear from one of our existing Life Skills staff below about why they love what they do!

"After four years we have so many success stories to share. One particular lady speaks of her new-found confidence in dealing with budgets and planning for the future. She always smiles when she says how much CAP Life Skills means to her and her extended family. Life is so much easier now because she is managing her finances in a much more intelligent way. She's also found fellowship at church, referring to people there as her new mum, dad, aunties and uncles. Now she's beginning to look outward and wants to help other struggling people. She is living proof that CAP Life Skills works."

June, CAP Life Skills Coach, Wallasey

With so many testimonies coming through people like June, we are incredibly eager to hear more!

CAP Life Skills draws together people from your local community to restore hope by empowering people with practical skills to solve their own problems, make positive decisions and build good relationships. It is only with the help of people like you that Life Skills can make a difference in your community.

What else is in store for you as a Life Skills Coach?

- Help you develop confidence and skills
- Be an active member of your community
- Be part of a national movement to end UK poverty

Role:

Your role as a CAP Life Skills Coach will be to assist and support the CAP Life Skills Manager in the set up and running of the Life Skills group. You will lead sessions and support members as they work through the course materials. All of this must be done in a way that positively reflects the Christian faith and the Core Values of the charity.

You'll usually decide your minimum time commitment with the CAP Life Skills Manager, but generally it's in the region of two to four hours a week.

Because this role can involve working with vulnerable people, you'll need to have a Disclosure and Barring Service (DBS) check. Your church will need to apply for and fund a Basic Disclosure for you.

Please note, as part of this role, we ask that you have access to the internet and an active email address.

Accountabilities:

- To support the CAP Life Skills Manager in the weekly running of all three elements of the group (Course, Community and Coaching) for a minimum of 26 weeks per year, according to the structure defined at training
- To support members as they aim to reach their targets and complete modules
- To intentionally demonstrate and promote the Christian gospel with members
- To participate in all initial and ongoing training required by CAP, in order to offer the best service possible
- To promote the work of CAP within your church
- To promote the work of CAP to friends, families and contacts to increase support and awareness of the charity – this includes encouraging support through the CAP Life Changer programme

Person:

This bit's just the facts and formalities – excuse us for going all official on you! It's basically a breakdown of what you'll need to ace this role.

Experience:

Essential

- o Evidence of passion for the poor and evangelism, and outworking of this

Desirable

- o Experience of mentoring or coaching
- o Experience of leading a small group or project

Job Profile

Skills/abilities:

We know this is quite a list, but if you can tick off a few you're off to a strong start!

- The ability and desire to explain the gospel in a clear, relevant and natural way
- A compassionate, friendly, relational person who is able to lead and motivate others
- Excellent communication skills, in groups and in one-to-one environments
- Good time and task management
- Enjoys relationship building
- Ability to develop strengths, skills and motivation in others
- Experience of working both on your own and as part of a team
- Experience of working with a wide variety of people (beneficial to have experience of working with people on a low income)
- High emotional intelligence and understanding of the human factors involved in the role

At our core, we're:

Christ Centred - In all our actions, we seek to put Jesus first, committing to play our part in Christ's mission to bring hope and restoration to a broken world'

United - We're one community with one big vision. Whether staff or supporter, church leader, MP or service user, our joint efforts see lives transformed'

Compassionate - Care is at our core. We choose to open our hearts to the daily impact of debt & poverty across the UK and respond with grace, truth and kindness.

We bring passion every day - We're determined to make a difference to individuals, communities and our whole nation, courageously enabling a hope-filled society.

Christian Commitment:

- Must be able to give both verbal assent to and practical demonstration of Christians Against Poverty's Statement of Faith and Core Values
- Must be able to actively take part in prayer and worship, whether individual, in a small group or corporately, as an expression of own personal faith and in line with CAP's Statement of Faith